

Working Through the CTA

On the CTA page, scroll down to the “Enter Your Address” box and input your information to generate the correct recipients for your letter.

Enter Your Address

Contact Information

Prefix (required)

First Name (required)

Last Name (required)

Email (required)

Mobile or Home Phone (required)

I would like to change my address

Remember Me

I would like to receive email in the future.

Message

Sen. Patty Murray (D-WA)

Sen. Maria Cantwell (D-WA)

Rep. Emily Randall (D-WA-06)

Subject: Support Families and Children

Dear [[Recipient's Title and Name]]:

Introduce yourself as a constituent. You might include your political affiliation and family or professional responsibilities. If you consider yourself a person of faith, we encourage you to share this with your representatives. Specifics make the best letters! (required)

Take this opportunity to specifically ask for the desired action. Consider highlighting a personal story. Stick to a single topic. (required)

Take this opportunity to thank your elected officials for their service and for taking action on this important item. (required)

Sincerely,

[Your Full Name]

Message

Sen. Patty Murray (D-WA)

Sen. Maria Cantwell (D-WA)

Rep. Emily Randall (D-WA-06)

Check the boxes for the legislators you want to write to, and uncheck those you don't.

Writing Your Letter

Opening

The email subject and greeting are automatically generated. You do not need to add names or “Dear.”

Paragraph 1

Introduce yourself.

- State that you are a constituent.
- Share the area you live.
- Draw connection.

Paragraph 2

Include a real-life example.

- Focus on 1-2 key points.
- Connect to specific legislation.

Paragraph 3

Thank your legislator. Gratitude builds long-term influence.

Closing

The sign-off is automatically generated. You do not need to add “Sincerely” or your name.

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Sincerely,

[Your Full Name]



Before You Hit Send

Proofread Your Letter

Click “preview” to read through your formatted email before sending it. You can personalize your letter for each recipient if they vote differently or find different things compelling.

Click Send!

Take a breath and know you've done a good job advocating!